



Building a Schedule

This tool is designed to help you plan and organize your journey in storytelling and advocacy. Use it to set milestones, goals, and track your progress. You can type directly into the schedule or print it out and write your responses.

START DATE: _____

END DATE: _____

Goal:



WHEN & HOW



MILESTONE



NEXT MILESTONE



Next Goal:

WHEN & HOW

MILESTONE

NEXT MILESTONE

Next Goal:

WHEN & HOW

MILESTONE

NEXT MILESTONE

• Progress Tracker •

DATE: _____ MILESTONE/GOAL I'M WORKING ON: _____

PROGRESS UPDATE:

DATE: _____ MILESTONE/GOAL I'M WORKING ON: _____

PROGRESS UPDATE:

DATE: _____ MILESTONE/GOAL I'M WORKING ON: _____

PROGRESS UPDATE:

• Reflections •

01

**What challenges have you encountered during your journey?
How did you overcome them or plan to overcome them?**

02

What achievements or milestones have you reached so far?

03

Are there any changes you need to make to your goals or timeline?

04

How do you feel about your progress and the impact you're making?

05

Is there any support or resources you need to help you achieve your goals? List them below, and consider reaching out to someone you trust for assistance.

**.our voices
our lives
our way.our voices
our lives
our way.our vo**

You can revisit and update it as needed. Celebrate your achievements along the way and stay motivated to continue pursuing your storytelling and advocacy goals. Your voice is important, and your journey is unique. Keep shining and making a difference in the world!

If you require any assistance or have questions, don't hesitate to seek support from someone you trust.

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